



Does the Office of Career Management offer assessments to help guide my career choice?

The Office of Career Management does offer career assessments, including the Myers Briggs Type Indicator and the CareerLeader Self Assessment Program. Our career consultants may have other assessments that you will find valuable depending upon your situation. Students and alumni who are working to find ways to express their values, skills, interpersonal and professional styles may find the guidance provided by assessments useful. We believe it is very important that the results of any assessment be discussed with a career consultant to avoid misinterpretation.

Although career assessments can provide valuable information, they are not definitive with respect to telling people what careers to pursue. In fact, some career assessments provide information about potential career paths that is not intended to be interpreted literally. If you decide to use a career assessment, keep in mind that the greatest source of knowledge and insight about you is YOU, not the designer of a well-intended assessment.